

RULES MATRIX - Fall 2022 - updated 8-29-22

LAW	U10	U12	U14
1 - Field	Spectators and team on opposite sides of the field	Spectators and team on opposite sides of the field	Spectators and team on opposite sides of the field
2 - Ball	Size 4	Size 4	Size 5
3 - Teams	7 players, 1 is GK. Minimum to play is 4. Ft. Lvn will play 8 v 8.	9 players, 1 is GK. Minimum to play is 6.	11 players, 1 is GK. Minimum to play is 7.
3 - Subs	* Unlimited subs, when allowed by referee at any Stoppage, with requirements listed at bottom	* Unlimited subs, when allowed by referee at any Stoppage, with requirements listed at bottom	* Unlimited subs, when allowed by referee at any Stoppage, with requirements listed at bottom
4 - Uniforms	Age appropriate shin guards, no toe cleats; no jewelry; medical info must be taped	Age appropriate shin guards, no toe cleats; no jewelry; medical info must be taped	Age appropriate shin guards, no toe cleats; no jewelry; medical info must be taped
5 - Referee	One	One	One
6 - A/Rs	None. However, with both coaches' approval, club linesman may be used	Two ARs; with both coaches' approval, club linesman may be used in the absence of 1 or both assigned ARs.	Two ARs; with both coaches' approval, club linesman may be used in the absence of 1 or both assigned ARs.
7 - Duration	2 x 25 min halves, 5 min between halves	2 x 30 min halves, 5 min between halves	2 x 35 min halves, 5 min between halves
8 - Restart	Per FIFA, except the opponents must be at least 8 yds away	Per FIFA, except the opponents must be at least 8 yds away	Per FIFA
9 - In and out of play	Per FIFA	Per FIFA	Per FIFA
10 - Scoring	Per FIFA, except may invoke 10 goal mercy rule at discretion of losing coach	Per FIFA, except may invoke 10 goal mercy rule at discretion of losing coach	Per FIFA, except may invoke 10 goal mercy rule at discretion of losing coach
11 - Offside	None	Per FIFA	Per FIFA
12 - Fouls and Misconduct	Per FIFA, except no slide tackling. Deliberate header is treated like "Dangerous play". Red/Yellow Cards in use.	Per FIFA, except no slide tackling. Red/Yellow Cards in use.	Per FIFA. Slide tackling is permitted. Red/Yellow Cards in use.
13 - Free kick	Per FIFA, except opponents must be at least 8 yds away. Ft Lvn: all restarts are IFK.	Per FIFA, except Opponents must be at least 8 yds away.	Per FIFA
14 - Penalty kick	Per FIFA; except Penalty mark is 8 yds from goal line. See 2022-23 rule clarification for GK feet. Ft Lvn will start with ball on top of penalty area arc with IFK.	Per FIFA. Penalty mark is 10 yds from goal line. See 2022-23 rule clarification for GK feet.	Per FIFA. See 2022-23 rule clarification for GK feet.
15 - Throw-in	Per FIFA, except may give player a 2nd chance, be consistent.	Per FIFA	Per FIFA
16 - Goal kick	Per FIFA	Per FIFA	Per FIFA
17 - Corner kick	Per FIFA, except Opponents must be at least 8 yds away.	Per FIFA, except Opponents must be at least 8 yds away.	Per FIFA

***Substitution rules requirements:**

1. Referee must allow substitution to occur
2. On own throw-ins, corner kicks, free-kicks, if team in possession subs, other team may sub as well.
3. On any goal kick, after a goal, on injury both teams can sub.
4. Subs must be at the centerline when Referee allows substitution.
5. Referee has the authority to not allow substitution if he/she believes that it will stop the flow of the game <or> is time-wasting.